



Cooking with 5 Steps to Success

Handout A51

Other kitchen items I can use for this activity:

- _____
- _____
- _____

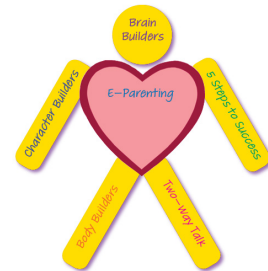


Which Daily Do I want to focus on practicing:

- _____

When will I use Cooking with 5 Steps to Success:

- _____
- _____



Who else can do this activity with my infant:

- _____



How to do this activity:

1. Use **Ready for Play and Learning** to see if your baby is ready to play and learn. Remember to use **5 Steps to Success** as you help your infant explore their natural curiosity during the activity.
2. Gather 3-5 safe kitchen items. Then place them on the floor so that your baby can explore each of the objects.
3. Use your **5 Steps to Success** handout to guide you in practicing this Daily Do as your infant explores different skills using the items from your kitchen. For example, if your baby wants to learn how to bang a spoon against a bowl, support them in learning this new skill. Remember to let your baby take the **LEAD** during this activity so that you can join them in learning about what skills they're curious in exploring.